

Fred Sheheen, who recently died in an automobile accident. Fred, a former chair of the South Carolina Commission on Higher Education, spent his life advocating for South Carolina's colleges and universities. He was instrumental in breaking down barriers to quality education and promoting equality of opportunity for African American students.

Fred graduated from Duke University in the late 1950s. After graduating, he worked as a reporter for The Charlotte Observer covering civil rights events. As a founding member of the Student Non-violent Coordinating Committee (SNCC), or "Snick," as we became known, my fellow students and I made sure that Fred—as a young reporter—had plenty of news to cover.

Fred later worked as an aide to South Carolina Governor and United States Senator Donald Russell. He served for a decade as Commissioner and Executive Director of the South Carolina Commission on Higher Education and later taught an honors course on South Carolina State Government for the University of South Carolina. Fred also served on the executive board of UNITED 2000, which was dedicated to bringing the Confederate battle flag down from the State House dome and out of the Senate and House Chambers.

His family roots run deep in South Carolina's political community and state government. Fred's brother Austin was a long-time member of Kershaw County Council. Another brother Bob served as Speaker of the South Carolina House of Representatives, and his son Vincent, a twice Democratic nominee for Governor of South Carolina, currently serves in the South Carolina State Senate.

Fred Sheheen's nearly eight decades on earth were dedicated to the betterment of his fellow South Carolinians and building a brighter future for their children and grandchildren. His untimely death is a tremendous loss for our state and our people, and to me personally. May he rest in peace.

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TERESA CARMELLA MEADOWS

**HON. STEVEN M. PALAZZO**

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 7, 2016*

Mr. PALAZZO. Mr. Speaker, I would like to take this opportunity to recognize Ms. Teresa

Meadows as a member of the United States Naval Academy Class of 2016.

Teresa graduated from the U.S. Naval Academy with a degree in history and she received a commission as an Ensign in the United States Navy on May 27th, 2016.

Her career in the service has just begun, but it is a testament to Teresa's unselfish devotion to the people of this great nation.

The challenges will be many and the time, although it may seem like an eternity, will fly by almost unnoticed.

South Mississippi is proud of Teresa and her accomplishments, and we look forward to her continuing to represent not only Mississippi, but the entire nation, as a United States Navy officer.

As Teresa embarks on a new chapter in life, it is my hope that she may always recall with a deep sense of pride and accomplishment graduating from a program as prestigious as the Naval Academy.

I would like to send Teresa my best wishes for continued success in her future endeavors, thank her for her service, and congratulate her on this momentous occasion.

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CONGRATULATIONS TO THE 2016  
SERVICE ACADEMY APPOINTEES  
FROM THE 21ST CONGRESSIONAL  
DISTRICT OF TEXAS

**HON. LAMAR SMITH**

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 7, 2016*

Mr. SMITH of Texas. Mr. Speaker, today we congratulate the 2016 Service Academy appointees from the 21st Congressional District of Texas.

The following individuals have accepted Academy appointments:

John Richard Anthis, Alamo Heights High School, Greystone Preparatory School at Schreiner University, United States Military Academy; Chandler Ray Baker, Central Catholic High School, United States Military Academy; Heidi S. Borgerding, Boerne—Samuel V. Champion High School, United States Air Force Academy; Tamara Jean Fumagalli, New Braunfels High School, United States Air Force Academy; Gracie Sierra Hough, Jack C.

Hays High School, United States Naval Academy; Mark Kittelson, Ronald Reagan High School, United States Merchant Marine Academy; Steven Thomas Lamoureux, Robert G. Cole High School, United States Air Force Academy; Scott Wagner McClendon, Westlake High School, Greystone Preparatory School at Schreiner University, United States Air Force Academy and Sean J. O'Leary, Heritage School, United States Military Academy.

These outstanding students have much to give to their Academy and to our country. We appreciate both their talents and their patriotism.

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PAUL SOLOMON

**HON. STEVEN M. PALAZZO**

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 7, 2016*

Mr. PALAZZO. Mr. Speaker, I would like to take this opportunity to recognize Mr. Paul Solomon as a member of the United States Air Force Academy Class of 2016.

Paul graduated from the U.S. Air Force Academy on June 2, 2016, and he will be commissioned as a Second Lieutenant in the United States Air Force.

His career in the service has just begun, but it is a testament to Paul's unselfish devotion to the people of this great nation.

The challenges will be many and the time, although it may seem like an eternity, will fly by almost unnoticed.

South Mississippi is proud of Paul and his accomplishments, and we look forward to him continuing to represent not only Mississippi, but the entire nation, as a United States Air Force officer.

As Paul embarks on a new chapter in life, it is my hope that he may always recall with a deep sense of pride and accomplishment graduating from a program as prestigious as the Air Force Academy.

I would like to send Paul my best wishes for continued success in his future endeavors, thank him for his service, and congratulate him on this momentous occasion.