

Pharma didn't have to compete for prices, they just could demand the price and we had to pay it, the one that created the doughnut hole. In the beginning, there were all kinds of glitches associated with that system.

So, yes, we are working out bugs, but they are being worked out, and there are thousands of people every day who are getting the health care access they never would have had and insurance reform that they never would have had if the Republicans would have had their way.

Also, I just want to make clear that people should know that there were individual stories that occurred that people should never forget. Hundreds of people were furloughed, and thousands more didn't know if they were going to get paid in the month of October. Consider the anxiety that the Republican majority needlessly inflicted on American families, and inflicted it on public employees who serve our country every single day to the best of their ability. People seeking new Social Security cards in Minneapolis found the office closed. That is my district. People saying, Wait a minute, I need a new Social Security card and can't get one because of the Republican shutdown—that was wrong.

The Veterans Administration offices were understaffed, and school trips were canceled because national parks were closed. It was galling to me that as the Republicans shut down the national monuments, they had the audacity, the unmitigated gall, to go to the World War II Memorial and act like somebody shut that memorial down other than them. It is amazing.

I can tell you that this moment, these last 2 weeks that we saw, shouldn't be forgotten. They should be remembered.

I want to thank the 87 sensible Republicans who voted with the Democrats in order to reopen the government, and I just want to let everyone know that we can debate things here. We can try to improve the Affordable Care Act. We can talk about parts that could be better, and we can make it better. I encourage us to do that.

But can we not shut down the government and do damage to the American economy just so we can score a political point and deny health care to thousands of people, perhaps millions of people? Can we work out our differences in the normal course of legislating?

The Republicans know how to change the Affordable Care Act. They even know how to legitimately try to get rid of it through the 45 ways that they offered legislation to destroy or defund or delay ObamaCare. They have done it before, but this time, they didn't go through the normal course. They shut down the government and threatened default, and that was wrong.

I just want people to remember what happened. Maybe we can avoid it in the months ahead, and I certainly hope you will.

OBAMACARE IS DISASTROUS LAW FOR AMERICAN PEOPLE

The SPEAKER pro tempore (Ms. ROS-LEHTINEN). The Chair recognizes the gentlewoman from Missouri (Mrs. WAGNER) for 5 minutes.

Mrs. WAGNER. Madam Speaker, I rise today to actually agree with President Obama that his signature health care law is indeed much more than a Web site riddled with technical glitches. Just ask any hardworking family in the Second District of Missouri who have seen their premiums skyrocket, wages decreased, insurance coverage canceled of late, and hours cut back at work. The simple truth is the President's Web site is just a sign of what is to come: ObamaCare is a disastrous law for the American people.

One of the most valuable lessons that I have learned over the last 9 months as a new Member of Congress is that more government is never the answer to the problems facing our Nation. ObamaCare makes the real problem of health care costs worse. ObamaCare has made offering health care for small business worse. ObamaCare raises premiums, destroys the doctor-patient relationship, and makes the quality of our health care worse.

When President Obama promised the American people in 2009: "If you like your health care plan, you can keep it," well, we now know that this claim was a blatant falsehood.

Time and time again, the President has only offered broken promises to the American people. President Obama recently spoke in the Rose Garden about who is benefiting from government-run health care; yet he failed to talk about the millions of Americans who are suffering from it.

I would like to take a moment to talk about a small business owner from Missouri's Second District who is facing the harsh realities of ObamaCare. Jenn is the owner of Cotton Babies, a small business that makes high-quality diapers for consumers all over the world. As a result of ObamaCare, her premiums are projected to double, not only putting her livelihood in jeopardy, but her employees' as well. Now Jenn is facing a difficult business decision regarding the employment opportunities and the price of her products going forward.

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Jenn wrote to me recently and said:

We can't afford the change in health care premiums. We manufacture in the USA. We collectively cause the employment of thousands all over the United States. Hundreds of small retailers depend on my brands for revenue. We make American-made cloth diaper brands that help families who literally choose between diapers and food.

Jenn later went on to say:

I believe in affordable health care. I believe in taking care of the needy. We provide great health care insurance to our staff. We pay for 70 percent of the premium for the staff members and their entire family. We operate on microscopic margins and have valued taking care of our employees over taking a prof-

it. I simply don't know how we, as a small business, are going to be able to shoulder the load with these changes.

Madam Speaker and ladies and gentlemen, this is just one of the many examples of real people being hurt by ObamaCare. It is time we realize that no matter how many tech experts President Obama hires to fix his \$600 million-plus taxpayer-paid Web site, it will never stop ObamaCare from hurting the American people.

As your Representative, I will never stop fighting until ObamaCare is replaced with free market-based solutions that expand access without destroying our economy and lowering the quality of care.

THE WATER RESOURCES REFORM AND DEVELOPMENT ACT OF 2013

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from New Hampshire (Ms. KUSTER) for 5 minutes.

Ms. KUSTER. Madam Speaker, I rise today as a member of the House Sustainable Energy and Environment Coalition to express my strong opposition to provisions in the bill before us today that will vastly limit public input and curtail opportunities to save taxpayers money.

The provisions I am speaking about in the WRRDA bill aim to decrease delays and help move projects forward, which sounds great in theory. Who doesn't want to remove bureaucrat red tape? But in reality, what the bill does won't actually fix the problem that holds up so many Army Corps projects.

This bill would strictly limit the environmental review process that has proven time and again to save taxpayer dollars. The Assistant Secretary of the Army for Civil Works has even testified about this fact before the United States Senate. The real reason for projects being delayed is simply that the Congress authorizes around \$20 billion worth of projects but then only appropriates the funds to cover just \$1 billion in projects.

So let's not try to place all the blame on the environmental review process, a review process that has time and time again saved taxpayer dollars, preserved historic sites, and protected endangered species, all while producing better projects with more public support.

I appreciate the bipartisan work that Chairman SHUSTER and Ranking Member RAHALL have done to put together this bill. This is an important piece of legislation that we consider in this House today.

Once the bill has passed in the House, I look forward to working with my colleagues on both sides of the aisle as we conference with the Senate to improve these provisions that will limit public input, increase taxpayer costs, and harm the environment.

DOMESTIC VIOLENCE MONTH

The SPEAKER pro tempore (Mrs. WAGNER). The Chair recognizes the

gentlewoman from Florida (Ms. ROS-LEHTINEN) for 5 minutes.

Ms. ROS-LEHTINEN. Madam Speaker, October is a time to highlight the corrosive effects that domestic violence has on our country and to remind our fellow citizens of the work that still needs to be done to reduce and, indeed, eliminate violence against women and girls.

Earlier this year, I was proud to support the bipartisan efforts to pass the reauthorization of the Violence Against Women Act. One of the new provisions included in this bill will open up funding for organizations that provide employment placement and training programs for domestic violence victims.

I would like to highlight the work of Second Chance Employment Services, the first and only nonprofit in the United States that focuses exclusively on empowering women by helping them find stable jobs. Dr. Ludy Green is the founder of Second Chance, and this organization and many others like it promote financial security for at-risk women. I believe that employment is a key component needed to break the cycle of violence that plagues too many women in too many homes in too many neighborhoods.

I acknowledge the work that Ludy and so many do each and every day to make a positive difference in the lives of women, and I will continue to support their work. We must all do everything possible to reduce domestic violence in America, as well as to end the human trafficking of vulnerable girls and young women. Sexual trafficking is modern-day slavery, and this scourge, along with domestic violence, must be eradicated before further harm is done in our communities, our Nation, and worldwide.

Madam Speaker, young girls and women deserve better. We must do better.

THE IMPACT OF OUR FEDERAL GOVERNMENT

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from Tennessee (Mrs. BLACKBURN) for 5 minutes.

Mrs. BLACKBURN. Madam Speaker, I want to visit with my colleagues this morning for a few minutes about the impact of our Federal Government and what it is doing to our country's future and to future generations. That is something that has been foremost in my mind this week.

This week, our family has welcomed a new baby. Georgia K. Graham was born in New York City at 2:25 Monday morning. So as we have welcomed her, as we think about her future, one of the things we are discussing is: What kind of America will she have to grow up in? How solvent will we be? Will we still be the country that celebrates the American Dream? Will we be the country that focuses on opportunity, that looks to entrepreneurs and innovators

to create a better day, not only for America, but for the entire world?

This is also the time, Madam Speaker, as we look at what has happened with our Nation's budget, with our Nation's spending, that we look at the long-term effects of so many of the programs and entitlements that are placed before us. One of those is a program that is commonly known as ObamaCare, and some of my colleagues say: Why is it that we talk about ObamaCare in conjunction with the budget? I would like to remind my colleagues it is because it is a very expensive program. And I have a chart that shows what has happened with the cost of that program since the law was passed and now as we are focusing on implementation.

You will see we were told this was to be a program that would run about \$900 billion over a 10-year period of time. It was to be access to health care insurance for those that did not have that access. But when we look at the chart that reflects the Congressional Budget Office's findings—this is a chart that was prepared on the Senate side—what we see is the cost estimate over that same 10-year period of time from when the law was passed. Remember, we had to pass it in order to read it and find out what was in it? From when it was passed, there at \$900 billion, to today, as we look at the implementation of ObamaCare, it has become a \$2.6 trillion-over-10-year program. It is a tripling of costs, and we don't even have it out of the starting gates yet. This is why we are looking at the total cost of health care.

In the Budget Committee, as we look at the long-term outlook for our Nation and the implications that our budget will have on the private sector, on hardworking taxpayers, what we find with the cost of health care is that those programs are expected to double in their impact on the budget. We have to remember that every single dollar the Federal Government has comes out of the pocket of taxpayers, men and women who go to work every day and earn that dollar and then have to send more and more of that dollar to the Federal Government.

As we look at the challenges that face this Nation, we focus on what we will spend, how we will use that money, and we think about the children, the grandchildren that we have and their future and the impact our spending habits today will have on their tomorrows.

THE CONSTITUTION AND OBAMACARE

The SPEAKER pro tempore. The Chair recognizes the gentleman from Texas (Mr. HALL) for 5 minutes.

Mr. HALL. Madam Speaker, in 1776, with only 1,458 words, our Founding Fathers declared our Nation's independence from an overreaching government that had limited individual freedom. A year later, in 1787, with 4,543

words, our Founding Fathers wrote the Constitution that established our representative democracy, protecting individual rights, and set in places roles for states' rights and a limited Federal Government based on enumerated powers.

Fast-forward to 2010, from 1776 to 2010, and the President and Democratic-controlled House and Senate established ObamaCare without a single Republican vote. This government takeover of health care is so overreaching. The law contains 381,517 words. That is over 83 times as many words as the Constitution, which only had 4,543 words.

In addition to the law, the administration has published 109 regulations to implement the law, regulations not voted on by the Congress, which contain a massive 11,588,500 words, according to ENsnews.com. According to Forbes, the average adult reads about 300 words a minute. That means it would take the average person 38,628 minutes just to read the regulations. If someone read 8 hours a day, it would take them 80 days to read all of the regulations, let alone understand them.

We are just beginning to see the negative consequences of this Federal outreach in all Americans' health care decisions. My constituents remain adamantly opposed to ObamaCare. They continue to write and call my offices, asking me to destroy as much of this law as possible because it is raising premiums, copays, and deductibles. Many small business owners also tell me they have stopped hiring workers and are in the difficult position of cutting hours or employees due to the uncertainty with the law and its regulations.

In closing, let me just say that we will continue to see the negative impacts of ObamaCare as more of this law is implemented in the coming months. The President needs to recognize how harmful the health care law is and help us craft better and more responsible health care reform.

IN MEMORY OF U.S. ARMY SPECIALIST PAT TINNELL

The SPEAKER pro tempore. The Chair recognizes the gentleman from Arizona (Mr. GOSAR) for 5 minutes.

Mr. GOSAR. Madam Speaker, today I stand to recognize the memory of U.S. Army Specialist Pat Tinnell, and to say thank you to all those involved in creating the Pat Tinnell sports complex in Lake Havasu City, Arizona. The world-class skate and bike park, which is nearly the size of a football field, is dedicated to the 25-year-old American hero, Pat Tinnell, who loved his family, his community, and BMX bike riding.

Pat volunteered to serve our Nation and gave his life in Iraq in April of 2006, protecting the freedoms we hold dear.

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A special thank you to those who made this park a reality through